

Your Pre-Procedure Visit to the Medicine Preoperative Assessment Clinic

What to Bring, What to Expect

Why am I being referred to MPAC?

Your surgeon requested that you have a medical evaluation prior to undergoing your procedure. The Medicine Preoperative Assessment Clinic (MPAC) is a specialized clinic within Cleveland Clinic Indian River Hospital where pre-procedural evaluations are performed by specialized providers and nursing staff. For most patients, during the MPAC visit, all preoperative testing required prior to your procedure will be completed within the clinic, so you will not be required to go to other locations.

What should I bring?

We ask that you bring a complete, updated list of your medications including dosages and frequency. Also bring a list of all previous surgeries and a list of your medical conditions.

Will you have enough information to know if I am ready for surgery?

In most cases, your visit to the MPAC will provide enough information to determine if you are ready for surgery. However, sometimes an underlying problem will be identified that needs to be addressed before the procedure. When this occurs, the MPAC providers will coordinate any further evaluation and management necessary.

Will my surgery be delayed for any reason?

In most cases, surgery will not be delayed. However, even a simple problem like a common cold or a poorly controlled preexisting medical condition, such as high blood pressure or diabetes, can adversely affect surgical outcomes. In such instances, the MPAC provider may adjust your current medications, or start new treatment to optimize your condition prior to surgery. For a few patients, re-evaluation at the MPAC may be required prior to surgery.

What if my medical condition is very complicated or I am not ready for surgery?

The MPAC provider will inform you and your surgeon about any conditions that require treatment before surgery. This information becomes part of your medical record and will be referred to throughout your care at Cleveland Clinic Indian River Hospital. If your MPAC provider finds that you are not medically optimized for surgery or you have medical conditions that may significantly increase your risk for surgery, they will discuss your evaluation and management with your surgeon. Your surgeon can then decide whether surgery is right for you.

If you have any questions or concerns, please call the MPAC at 772.567.4311, ext. 2135.